

THE RILEY BUGLE CALL

Community Action Council April 21, 2004 9:30am Soldier & Family Support Center

Welcome - Introductory Remarks
COL John A. Simpson, Jr.
Garrison Commander, Fort Riley, Kansas

<u>Presentation</u> DOIM – Spyware & Ad-ware Information

Announcements

Irwin Army Community Hospital (IACH)

- As we continue to mention in each of our Community Action Council updates, we are working through challenges associated with providing healthcare both to those remaining at Fort Riley as well as those Soldiers mobilizing and demobilizing through Fort Riley on their way into or returning from the Southwest Asia theater of operations. IACH continues to experience losses of healthcare providers and support staff to deployments and as always continues to work diligently to augment these losses and to mitigate the effect of this installation's continuing mobilization mission on appointments in our facility, specifically in the Primary Care clinics. We are working on identifying and hiring additional healthcare providers and have been successful in obtaining the services of several providers in both the primary care arena, and in the OB/GYN clinic. We are pleased to welcome home our ophthalmologist and our psychiatrist. However, as we continue to mention, Fort Riley continues to receive large numbers of Soldiers from both the reserve component and the Active Duty force deploying to and returning from both Southwest Asia and from European deployments. These Soldiers continue to require extremely intense medical processing which will place a large demand our facility. In an attempt to mitigate this effect we continue to authorize our beneficiaries access to the local TRICARE network and continue to request or contract for additional medical and support staff from other installations and the local community to assist in meeting your healthcare needs in a timely manner.
- IACH is offering patients the ability to obtain specific non-prescription medication from the Outpatient Pharmacy without first seeing a healthcare provider. Beneficiaries wishing to participate in this program must first complete the Patient Medication Self-Care Program. Fort Riley beneficiaries will be able to schedule an appointment to attend a Self-Care class at IACH in Preventive Medicine. In order to attend the class please call the TRICARE appointment system at 785-784-12 00 and ask to attend the Self-Care Class. Self-Care Class attendees will receive a Self-Care manual for future reference to help make decisions to seek medical care or access the Self-Care process. Only beneficiaries who attend the class are eligible to access Self-Care medications at the main outpatient or Consolidated Troop Medical Clinic (CTMC) pharmacy by completing a request for medications and presenting a completion card for the Self-Care Class to the pharmacy staff along with a Military ID Card.

- Quantity limitations for medications are 3 medication selections per family member every 30 days. For questions and concerns please call 785-239-7411, 785-239-7520, or at 785-239-4411.
- IACH is currently in the final phases of construction of the new Consolidated Troop
 Medical Clinic located behind Dental Clinic #3 on Custer Hill. This facility will replace and
 modernize the medical facilities available to the Soldiers of Fort Riley. We are currently
 in the final stages of outfitting the facility and project a grand opening date in late May.

Directorate of Morale, Welfare and Recreation (DMWR)

Business Operations

- Custer Hill Golf Course Bldg. 5202 Normandy 785-784-6000
 - o **Membership Savings for Golf:** The golf course is in excellent condition. If you are planning to play golf during the year, you will find the price for membership very reasonable. Our daily rates are still moderate and very comparable with local golf courses. Special rates are offered for play in the late afternoons and a twilight rate of \$7 is available after 4:30pm. The driving range and practice putting green are available for use daily.
 - O Although memberships remain the same price for the coming year, the cost of our 10-Play Cards will be rising to \$100, and E1-E4 prices will be \$7 for weekday play and \$10 for weekend play. All other weekday and weekend prices will remain the same at \$13 and \$15. You can save by becoming either a member of the golf course or a 10-Play member—your choice. The savings will only come with your continued use and play on our course.
 - O Golf Instruction: Beginning this week, our PGA Professional Rick Glenn will be available, on premises, to assist you in your golf fitting, training, and lessons. The next clinic is scheduled for April 22 (Thursday) at 3:00pm. Cost for the clinic is \$10 per individual. If you are interested in signing up, call the golf course at 239-5412.
 - o Operating Hours:
 - Tuesday Sunday 8:00am-7:00pm
 - o Monday Open at 12:00pm
- Rally Point 2600 Trooper Drive 785-784-5434
 - Regular events planned are the following:
 - Krazy Karaoke every Wednesday and 10-cent wings
 - Request Night every Thursday
 - Family Night every Friday 5:00-8:00pm
 - Mixed Dance Night Fridays 8:00pm ++ 20 Cent Wings 8:00-11:00pm
 - Late Nite Program Every Friday & Saturday (11:00pm)
 - Variety Dance Night Saturday 8:00-11:00pm
 - Late Nite with Monroe 11:00pm-4:00am
 - Plan for your <u>Unit Function</u> at Rally Point! Call 785-784-5434 if you want to have a unit function in Rally Point. We are willing to help you any way we can.
- Custer Hill Lanes Bldg. 7485 Normandy 785-239-4366
 - Come experience the difference for your "First Choice" as an entertainment place to go after work and every evening.
 - The Strike Zone Snack Bar: Open daily at 5:00pm. We offer pizza by the slice or by the pie. Call 785-239-1710. The snack bar also offers regular entrees, fried entrees, hamburgers and salad specials.

- Summer Leagues Sign up Now. The Bowling Center offers a regular program of bowling from Leagues, Open Bowling and Extreme Bowling.
- We have a special program involving NASCAR at the Center. Be sure to sign up and win a prize. Check with center personnel for details.
- Plus a New Program from 5:00-7:00pm. Pick your price, where you bowl and draw a price from the bowl. This is featured everyday.
- Hours of operation:

Tuesday 5:00-11:00pm
 Wednesday 5:00-11:00pm
 Thursday 5:00-11:00pm
 Open Bowling
 Open Bowling

• Friday 5:00pm-1:00am (Open Bowling until 10:00pm then Extreme Bowling)

Saturday 3:00pm-1:00am
 Open Bowling

Saturday 5:00-7:00pm
 Family Extreme Bowling
 Saturday 9:00pm-1:00am
 Sunday 5:00-10:00pm
 Family Extreme Bowling \$10/person
 Family Extreme and Open

Bowling

Sorry, Closed on Mondays

ITR (Information, Ticketing & Registration) Bldg. 6918 785-239-5614

- ITR offers the following services: Hotel Reservations, Fax Services, Discount Movie Tickets, Vacation Planning, Military Exchange Prepaid Calling Card and Leisure or Commercial Travel such as Airline Tickets and Cruises.
- For more information contact the ITR Office at 785-239-5614.

Community Recreation

- Arts & Crafts Center Bldg. 6918 785-239-9205
 - The Fort Riley Arts & Crafts Center offers a number of open shop usage areas for patrons.
 - Usage areas include woodshop, ceramics studios, matting and framing studio, computer lab, photography, stained glass, sewing, quilting, basket weaving and leather.
 - Classes are offered in the evenings and on weekends in all program areas. A schedule of upcoming classes is available.
 - Open shop activities hours of operation:
 - Monday and Tuesday 1:00-8:30pm
 - Wednesday 9:00am-4:30pm
 - · Thursday and Fridays Closed
 - Saturday and Sunday 9:00am-4:30pm
 - Closed most holidays.
 - The Arts & Crafts Center is co-located with ITR in Bldg. 6918 across from the Post Exchange. Call 785-239-9205 for more information.
 - Arts & Crafts offers tours and classes for groups such as coffee groups, FRGs and scouts.
 - Need your pine wood derby cut? We can help!
 - The woodshop has 4,000 square feet of floor space and all the specialized equipment to complete any project. A large selection of hardwoods, plywood and processed materials are available for purchase.

- The ceramic studio has over 2,000 molds available as well as four potters wheels and five ceramic kilns, making it possible to create finished ceramic ware from scratch.
- The matting and framing studio has a huge selection of mats and frame stock available as well as state of the art equipment. Conservation and preservation mats are available for fine art work pieces. Finish a project in one day with the help of our friendly staff.
- o **The black and white photography lab** offers five enlargers, large sink areas and film and print dryers. Photo supplies are available for purchase.
- The computer lab has two desktop computers with a wide range of graphics and business software. A flatbed color scanner and color laser printer are ready for walk-in use. For a nominal fee, staff will show what programs are available and then you can get to work. You must have previous computer knowledge. Internet access is available for purchase.
- Other studio areas include stained glass, sewing, quilting, basket weaving and leather. Specialized equipment such as sewing machines, zyron and Accu Cut for scrap booking, glass saw and grinders, and engraving equipment are available for walk-in use.
- Services Available includes professional matting and framing, plaques and awards and computer engraving. The center boasts a new laser engraver that rivals any engraving service in the area. Stop by for a free estimate on matting and framing services for your artwork, prints or certificates.
- Stop by for a class schedule.

Automotive Skills Center Bldg. 7753 Apennines 785-239-9764

- The Fort Riley Automotive Skills Center is located in Bldg. 7753, Apennines Dr, next to the 24-hour car wash.
- The automotive skills center provides state of the art tools and equipment for patrons utilizing the facility.
- Basic and advance automotive repairs for active duty personnel, family members, retiree, reservists, youth and scouts
- o Basic automotive repair class first and third Thursday of each month 6:00-7:30pm
- Advance automotive repair class second and fourth Thursday of each month 6:00-7:30pm
- Services include four-wheel drive front and rear wheel alignment, air conditioning testing and service, 25-point vehicle safety inspection (\$10 by appointment), and much more.
- o Professional staff of trained mechanics to instruct and assist in self repair projects
- 15 Vehicle Lift Bays
- Open bays and lift bays with complete set of tools and roll-around benches for customer use.
- Complete tool room with specialized tools and limited parts store.
- 8 Bay Car Wash with power washers and vacuum cleaners.
- State-of-the-art Paint Booth and Body Shop employee for expert advice and instruction.
- Mitchell on-demand technical library available on DVD.
- Check us out so we can check your automotive needs before you pay expensive repair bills.
- We have the latest equipment to perform tests on alternators, batteries, airconditioning, on-board computers, anti-lock brakes and much more.
- On site parts sales store

Outdoor Recreation Center Bldg. 9011 785-239-2363

Hours of Operation:

Tuesday - Friday - 9:00am-5:00pm Saturday - 8:00am-4:00pm Closed Sunday, Monday, and Holidays

- Come see and rent our new 2003 Suntracker 21' Pontoon Boat Cost is \$125 /day or \$200/weekend. A \$200 deposit is required to reserve it. Boater's Safety Test required for renting all boats thru Outdoor Recreation.
- Large selection of party/picnic equipment, leisure equipment, camping equipment, canoeing, boating accessories for rent.
- Clay Target Shotgun Range Adult & youth 12 or 20 gauge shotguns available for rent for \$5. Targets are \$5 for a round of 25 or shoot 3 rounds for \$10.
- Variety of targets available at the Archery Range. 3-D target (small) \$4/day, 3-D target (large) \$6/day. Try the range from the view of our new tree stand.
- Earn money for your unit or organization by renting our new movie theater style popcorn machine and selling popcorn. \$12/day or \$20/weekend
- Having a birthday party? Rent our inflatable play space "Moonwalk" (requires electricity) for \$92/day or \$150/weekend
- Have fun using your hunting skills with the Laser Shot Shooting Simulation
 System. Pricing for group or individual rates. Call 785-239-2363/6368 for details.

Sports - King Field House Bldg. 202 785-239-3868

- Riley Wheels Skating Rink
 - Sunday 2:00 to 4:00pm Family Skate \$1.00 per family member. Authorized ID Card holders only!
 - Riley Wheels is available for rent for private functions such as birthdays, unit parties, support groups, youth and school groups, scouts, etc. For more information call 239-3764.

Community Life Program

The Community Life Softball program is now accepting team registration for the upcoming season. Registration is due to the sports office no later than May 1 2004. Cost per team will be \$75 and will have to accompany registration. Team roster will need to be submitted by May 12, 2004. For more information call 785-239-3764.

Eyster Pool

Lifeguard Training

0	May 06	3:30 - 5:30pm	Pre-test
0	May 08	9:00am-5:00pm	Class
0	May 09	9:00am-5:00pm	Class
0	May 15	9:00am-5:00pm	Class
0	May 16	9:00am-5:00pm	Class

- o The cost for the Lifeguard Training is \$75 plus the cost of books. To sign up for the above classes please call 785-239-9441.
- We are now accepting applications for Recreation Assistant, WSI's, Lead Lifeguards and Lifeguards. Applications can be picked up at the CPAC Bldg. 319 or Eyster Pool Bldg. 6940

Adult Intramural Sports Programs

 Spring Fling Softball Tournament - May 1-2 Open to Military and Community Life Teams - \$40 entry fee and the entry deadline is April 28.

- The Fort Riley Battalion Level Soccer Tournament May 4-6 Games will be played on the soccer field adjacent to Rally Point.
- For additional information call 785-239-3945/2172.

Fitness Programs

 Aerobic Classes – Monday & Thursday 5:30-6:00pm Costs are \$2.00 per class or as listed if paid for in advance.

MayJune\$12.00/month\$12.00/month

- ** No class on May 31 due to the holiday. There must be at least 6 registered members for the month, otherwise class will be cancelled.
- Personal training sessions are available and limited. The Fort Riley Fitness
 Departments personal trainer is able to provide body fat analysis and assist you
 with your fitness goals. Call and schedule your appointments as soon as
 possible. Please call the Sports Dept. 785-239-3146 for additional information.

Childcare at King Field House

- Childcare is now available at King Field House Fitness Center Tuesdays and Thursdays from 8:45-10:45am. Slots are limited and must be reserved and paid for in advance. Register at the Sports Dept. between 8:00-12:00am and 1:00-4:00pm Monday-Friday. Parents must remain on site while using childcare.
- o Please call the Sports Dept at 785-239-2813 for additional information.
- May is National Fitness Month! There will be a calendar out with all sorts of fitness related activities throughout the month of May. Participate in these activities and earn incentive rewards! Activities will include body fat analysis, blood pressure/cholesterol checks, deep water running, fun run, bike/hike clinic and much more. Call 785-239-2813 or stop by the King Field House Fitness Center for additional information.

Better Opportunities for Single Soldiers (BOSS) 785-239-8147

Soldier and Family Support Center 785-239-9435

- Community Life Activities
 - 1 May Post Wide Yard Sale 8:00am-4:00pm
- Relocation/Family Readiness

o Newcomers' Orientation: 8:30am-2:30pm 23 April

14 May 28 May

o PCS Briefings: 1:30pm-3:00pm Stateside – 28 April

Korea – 5 May Germany - 12 May Overseas – 19 May Stateside – 26 May

- 26 April Support Group Are you a 1st Brigade Spouse? Got the Mid-Tour Blahs??? You are not alone. Special session lead by the Irwin Army Hospital Deployment Cycle Care Program Managers. Spouses of 1 BCT soldiers are encouraged to attend this session to hear and discuss their issues and concerns. 12:00-3:00pm
- Light refreshments will be served. Free Childcare/6 weeks to 5yrs. (please bring shot records/ snack is provided.

- Family Readiness Groups (FRG) Maintaining the FRG after the Mission Family Readiness Groups should be aware that, even though many soldiers have returned, there is still a need for an effective FRG. Do allow yourselves some "down time", but remember there will be other deployments. You all have worked hard to establish and maintain your FRG's. If you continue to support your FRG and maintain all the key tasks, it will be easier to get organized when the next mission occurs. Please contact the Family Readiness Coordinator or Army Community Service Director by email at site2665@riley.army.mil at the Soldier and Family Support Center or by phone at 785-239-9435 if you have any further questions.
- Family Readiness Groups-Advisors and Leaders Networking Meeting 6 May
 2004 6:30-8:30pm Soldier and Family Support Center
- Agenda will consist of:
 - Networking Good Ideas & Success Stories
 - Money Matters Fund Raising and Financial Management for the FRG
 - Irwin Army Hospital Deployment Care Cycle Program/Strategies for Coping During Deployment
 - Casualty Assistance The role of the FRG when a crisis occurs
- Free Child Care during program for Spouses of Deployed Soldiers The Family Readiness Program sponsors a program and support group for Spouses of Deployed Soldiers twice a month. These sessions are held on the 2nd and 4th Mondays of each month. The first session is usually an activity (cooking, crafts, games) or workshop. A support group lead by license social workers is held during this time on 4th Mondays unless there is a holiday. The events for the upcoming month are: 10 May "Chill Out" Join us for a few hours of fun and relaxation. 24 May Support Group Spouses of 1st BCT are encouraged to attend this session to hear and discuss their issues and concerns. Place: Soldier and Family Support Center, Bldg. 7264 Time: 12:00-3:00pm Free Childcare/6 weeks to 5yrs. (please bring shot records/ snack is provided) Parent must stay in the center.

Army Family Team Building (AFTB)

- o If you are new to the Fort Riley area and are interested in learning about resources that are available to you or find that everyone is speaking another language that sounds more like the alphabet than words, then you could benefit from the Army Family Team Building (AFTB) Level One classes. The Spring class schedule has been printed. You can access the schedule by the Fort Riley web page or call the Program Manager at 785-239-9435.
- Level One and Level Two classes are offered at the Armed Services YMCA in Junction City on designated Fridays 11:00am-2:00pm with free childcare on site.
 7 May and 4 June will be Level I and 21 May and 18 June will be Level II. You must contact the AFTB Program Manager to enroll your children prior to attending any classes. For more information or to speak to the Program Manager please call 785-239-9435.
- Level Two and Three evening classes are given at the Soldier and Family Support Center and are open to everyone. There is no childcare provided for the evening classes. Dates for these classes are: 5 and 19 May and 2 and 16 June.
- If you, your unit/battalion, Family Readiness Group or other group would like to schedule separate Level I, II or III classes, please contact the Program Manager.
 These classes can be held at your location or at the Soldier and Family Support

Center. There is a minimum of five people required to hold a class and two weeks notice is needed for planning.

- Exceptional Family Member Program (EFMP) & New Parent Support Program (NPSP)
 - May Day Basket Children can create their May Day Basket on 30 April from 2:30 pm to 4:30pm at the Soldier Family Support Center, Bldg. 7264. RSVP by 26 April at the EFMP office, 785-239-9435.
- Family Advocacy Program (FAP)
 - Family Advocacy Program & School Age Services are conducting a Child safety workshop

Date: April 27, 2004Time: 6:00-8:00pm

Location: Soldier and Family Support Center, Bldg. 7264

Child and Youth Services (CYS) 785-239-9173

- CYS programs will be closed on the following Federal Holiday: 31 May Memorial Day
- Instructional Classes: Instructional classes in Dance and Gymnastics will end on May 14 for the current school year. Martial Arts will end May 29. Piano classes will continue through the summer. Summer class schedules will be available at CYS Central Enrollment office on 21 April and enrollment will be held from 3 May-11 June from noon-5 pm daily, on a walk-in basis, for all currently registered children. New registrations will be taken on an appointment basis only. Contact Central Enrollment at 785-239-4847/9478 for more information. An annual sport physical is required for all athletic instructional classes. A health assessment may be used if it is marked "cleared for all sports".
 - Summer classes will be held in Kindermusik, ages birth-5 years, Kindergym, ages 18 months-4 years, Tumbling Camps, ages 5 years-9th grade; Dance Camps, ages 3 years-9th grade; and Cheerleading clinics, ages 5 or 6 years (completed Kindergarten)-9th grade. Specific information on dates, times, and costs will be available on April 21.
 - Red Cross Babysitting Course
 - Upcoming classes: May 1 and June 5 at Bldg. 5800.
 - Cost is \$10. Call CER for more information at 785-239-4847
 - Youth must be 11 years and older
 - All youth (12 years and older) who successfully complete the course are eligible to be included on the Fort Riley Teen Babysitter Referral List, with parental permission.
- Central Enrollment Registry (CER) Bldg. 6620 on Normandy Avenue
 - Must be registered in CYS to participate in CYS programs
 - o Hours of Operation: Monday-Thursday 8:30am-5:30pm and Friday 1:00-5:30pm
 - o Annual registration fee is \$15 per child, or \$35 per family
 - CYS registration may be transferred to a new duty station upon PCS
 - Contact CER at 785-239-4847, for information, or make an appointment to enroll in CYS
- Parent Advisory Council (PAC) meets first FRIDAY of each month from 4:00 to 5:00pm in Bldg. 6620 training room. All parents are encouraged to attend. Agenda includes program updates and parent information. Patrons receive a 10% discount after attending three meetings. Call Outreach Services at 785-239-9850 for additional information.

- Child Development Center (CDC) is accredited by the National Association for the Education for Young Children (NAEYC)
 - Hours of Operations are from 6:00am to 6:00pm
 - Serve children ages 6 weeks to Kindergarten
 - o Full-day, part-day preschool and hourly care is available
 - Free hourly care is available for families of deployed soldiers on 1 May and 15 May. Children between 6 weeks of age and Kindergarten will receive free care at the CDC from 10:00am to 1:00pm. Lunch will be served to the children at 11:30am. Children must be registered with CYS to participate in this program, and must make a reservation by noon on the Thursday prior to the Saturday opening.
- Family Child Care consists of care offered in on-post quarters by a military family member who meets FCC certification requirements. Homes are inspected and monitored regularly. Adult family members must pass background checks.
 - Hours of Operation are from 6:00am to 6:00pm, with the ability to offer extended and overnight care in the evenings and on weekends for duty related needs.
 FCC providers offer flexible hours that may better meet the needs of those requiring child care for extended periods, and for shift workers.
 - Serve children 4 weeks to 12 years of age
 - o Full-day, part-day, and hourly care available
 - Small group setting with home atmosphere
- Family Child Care Home Certification An FCC orientation is held on the first Thursday of each month for people interested in becoming an FCC provider. The orientation is from 2:30-4:00pm in Bldg. 6620. For more information, call the FCC Director at 785-239-9892. Three Fort Riley FCC homes recently achieved Military Home Accreditation status.
- School Age Services is accredited by the National School Age Care Alliance (NSACA).
 - Hours of Operations are from 6:00am to 6:00pm
 - o Before and after school program for grades Kindergarten-5th grades
 - Transportation provided to and from on-post schools. "Transportation is not provided for Hourly Care students"
 - Breakfast is served up to 8:00am
- Open Recreation (hourly care)
 - o Available for children in 1st-5th grade
 - Monday-Friday from 3:30-6:00pm on school days, 1:30-6:00pm on school earlyout days and 6:00am-6:00pm on no-school days
 - Parents must provide transportation and reservations are suggested
 - Free hourly care is available for families of deployed soldiers on 1 and 15 May. Children who are in Kindergarten through 5th grade may receive free care at SAS from 10:00am to 1:00pm. Lunch will be served to the children at 11:30am. Children must be registered with CYS to participate in this program, and must make a reservation by noon on the Thursday prior to the Saturday opening.
 - Children eligible for School Age Services, who are registered with CYS, are also eligible to receive 5 hours of free Open Recreation each month. Reservations are recommended. Call CYS at 785-239-9478 for more information.
- Middle School and Teen Program Fort Riley Teen Center, Bldg. 5800, corner of Thomas and Longstreet, 785-239-9222. The Teen Center participates in 4-H, Boys and Girls Club, Character Counts, and Promise Passport.

 Teen Center Activities: Fitness Room and Gym available after school: 4-H projects, Art projects, Photography available every Wednesday. Homework room/time available every day after school from 3:30-5:00pm. A schedule of activities is available at the Teen Center, Bldg. 5800, Thomas Avenue. Teens in High School may now self-register to participate in CYS Teen Center activities, with parental permission. Contact the Teen Center Director 785-239-9227/9222 for more information

Youth Sports

- Enrollment for T-Ball and Baseball and Softball will be 12 30 April 2004 at CER in Bldg. 6620 from noon-5:00pm (walk-in), Monday-Thursday, and Friday from 1:00-5:00pm.
- T-Ball ages: Must be 5 yrs by 1 June 2003 to play.
- Youth must register with CYS and have a sports physical dated after 31 July 2003.
 Cost is \$30 for the first child in a family, and \$24 for the second.
- Practices begin May 17 and games begin on June 1.
- If you have questions or are interested in coaching a team, please contact the Youth Sports Director at 785-239-9223.

School Liaison Officer – 785-239-1558

- POC for school related information and services
- o Office hours are 8:00am-5:00pm, Monday-Friday in Bldg. 6620, Normandy Drive
- o Sign up for School Liaison Office In Touch for updates on school related topics.
- USD 475 (Geary County-Junction City, Fort Riley, Milford, and Grandview Plaza) website: http://www.usd475.org Tel: 785-238-6184
 Last Day of School: 28 May (Half-day only)
- USD 383 (Manhattan-Ogden) website: http://www.usd383.org/ Tel: 785-587-2000

Last Day of School: May 28 (Half-day only)

Fort Riley University 239-6481

Museum Division

The Cavalry Museum once again has a shop offering a variety of Fort Riley souvenirs and crafts. The Shoppe, a non-profit consignment story operated by the Officers' and Civilians' Spouses' Club has assumed operation of the gift shop. They provide handcrafted items, James Dietz and Don Stivers prints, books, farewell gifts, Polish pottery, deployment candles, military items and much more. The Shoppe's hours of operation are Tuesday through Friday, 10:00am to 2:00pm and Saturday, 11:00am to 3:00pm. You may contact them at 785-239-2743 or through the museum's main number – 785-239-2737.

Education Division

- Need to brush up on your computer skills or learn to use a Microsoft Office program? The classes are available here at Fort Riley in the Leadership Skills Enhancement Program (LSEC). It is even possible to test for a Microsoft Office User Specialist certificate. The certificate could validate your skills, boost your confidence and make you more competitive in the job market. Classroom instructors have additional information on certification. Each class is 90 minutes per day and is offered over a six-week period. Computer classes being offered in June are:
- o June 7-July 20 2004
- o Class Time/Bldg Bldg/Room Introduction to Computer 10:30am-12:30pm 7604/18

Micro Computer Applications	9:00-10:30am	7604/18
Multimedia Presentations	10:30am-12:00pm	215/235
Database Management	9:00-10:30am	215/235
Word Processing	2:00-4:30pm	215/234
Spreadsheet Applications	1:00-2:30pm	215/234

 These classes are offered at no cost to you and are also worth college credit. See an Education Counselor today to enroll!

Army Career and Alumni Program (ACAP)

- Spouses and other family members of transitioning soldiers can get the same Preseparation Benefits Briefing, Job Search training, and Job Search assistance and counseling that soldiers get themselves. All a spouse needs to do is inform ACAP that the sponsor is transitioning for access to the full range of ACAP services.
- A new benefit is that Army Retirees and their families can use ACAP services, on a space available basis, for the rest of their lives.
- ACAP is in Bldg. 210, Room 006 in the Personnel Processing Center on Custer Avenue, Main Post. Call 785-239-2278 or 2248 for information. Email ACAP at acap@riley.army.mil or find ACAP on the global address book under FRU, ACAP.

Installation Chapel Office

Protestant Women of the Chapel (PWOC)

 Protestant Women of the Chapel continues to offer weekly study meetings at Morris Hill Chapel: Tuesday mornings at 9:00am and Thursday evenings at 7:00pm. Meetings are open to women of all denominations who are seeking to strengthen their relationship with Jesus Christ. Childcare is available for infants and toddlers. A preschool program is offered during the morning session. For more information, contact: PWOC President 785-784-4349.

Military Council of Catholic Women (MCCW)

Everyone (male and female) is invited to join us for our weekly Faith Sharing Program. It is held every Monday immediately following daily noon mass at the Hospital Chapel located on the second floor of Irwin Army Hospital. We will be looking at a book titled <u>An Invitation to Catholicism</u>. Copies of this book can be obtained from Sr. Carolyn at Morris Hill Chapel or at the weekly meeting. Diane Hardy will be leading this group with support from others as well. Please call 785-239-4815 for more information.

Staff Judge Advocate

Plans, Analysis, & Integration Office (PAI)

- Use ICE to help us serve you better. ICE (Interactive Customer Evaluation) is a web based customer feedback system. You can provide an evaluation of more than 170 services on Fort Riley or communicate directly with the manager of a service via ICE.
- You can access ICE several ways. The quickest is to click on the ICE link on the sidebar of the Fort Riley home page www.riley.army.mil You may also access our site via the ICE homepage http://ice.disa.mil and then drill down through the map to Fort Riley. In either case, you will reach a search page listing categories of service. The names of the organizations you can rate will appear when you click on the service category. The comment card will come up when you click on a service name. At the bottom of the comment card you will also find a dialogue box in which you can enter comments. Your comments are most valuable to our service providers. If you wish to see how others

- have rated a service in the past 90 days, click on the "Report" box. General information about the service can be obtained by clicking on the "Info" balloon.
- ICE is a worldwide customer feedback system supported by the DOD Office of Quality Management. You will find all branches of service and installations worldwide whose services you can rate or see how others have rated them. This may be important to you if you have been TDY and wish to rate services received or if you are going to another installation and want to know how users evaluate a service.
- ICE is administered by the Plans, Analysis & Integration Office at Fort Riley. If you have questions about this service or wish to develop a comment card for your organization please call 785-239-2540.

Provost Marshal Office

- Commanding Generals' Policy Letter 04-2 on motorcycle safety is now in effect. It further
 clarifies the motorcycle safety standards mentioned in last month's *Bugle Call* article. In
 the interest of soldiers', DOD civilians', and visitors' convenience when riding motorcycles
 on Ft. Riley, the following requirements are highlighted to educate the community on
 additional standards or standards that have been further defined in Commanding
 Generals' Policy Letter 04-2.
 - Proper eye protection refers to impact or shatter resistant goggles or a fullface shield attached to the helmet. Windshields or fairings do not count as proper eye protection. Additionally, eyeglasses alone are not proper eye protection.
 - Operators and passengers on motorcycles must wear reflective vests. If backpacks or sissy-bar bags block any portion of the vest, an additional vest must cover the pack/bag.
 - Motorcycles and mopeds operated or registered on Ft. Riley must have two rear view mirrors, one mounted on each side.
 - Per AR 385-55, the use of headphones or earphones is prohibited while operating a motorcycle or moped on post.
 - Motorcycles and mopeds must have headlights turned on at all times while being operated on Ft. Riley.
- Effective immediately, soldiers and DOD civilians can be denied entry onto the
 installation at access control points if they are not in compliance with motorcycle safety
 requirements. For non-DOD affiliated civilians, this will be in effect on 7 May 2004 in
 order to allow for proper circulation of off-post press releases. Furthermore, MPs will be
 conducting motorcycle safety checkpoints on the installation to ensure the safety of
 motorcycle riders on Ft. Riley.
- Soldiers are the Army's most valuable resource. Given the inherent hazards involved with motorcycle riding, protecting soldiers through mitigation of the danger is a priority.
- The Fort Riley Provost Marshal's Office is offering a free bicycle registration program, which will help in the returning of lost and stolen bicycles to their owners. The registration process is quick and easy and can be accomplished by contacting the Civil Liaison Office Monday thru Friday from 9:00am-5:00pm at 239-2226.
- The Fort Riley Bike Patrol carries the registration forms and can register your bicycles upon request. You must have both your military I.D. card and the bicycle present at the time of registration. A registration sticker will be issued for each bicycle and should be placed on the bike, below the seat. The Military Police find, or resident's turn in to them, many bicycles, most of which go unclaimed. These unclaimed bikes get processed for property disposal. This program is voluntary, but it is strongly recommended, and by

registering your bike you greatly increase the chance of having it returned to you should it get lost or stolen. Please remember to always wear bicycle safety gear and to properly secure your bike at all times.

Directorate of Public Works

- Energy Conservation Authorized thermostat settings during the cooling season are 76 to 80 degrees. Be sure to keep windows and doors closed when the cooling system is energized. Please turn off computer monitors, appliances and lights when not needed. Funds saved in the energy account go to improving the quality of life for soldiers and families.
- Recycling Reminder All on-post housing occupants are reminded of their responsibility to recycle to the extent possible. All recyclables except yard waste and large pieces of cardboard are to be placed in the blue recycle bags and placed next to your trash containers the day of your scheduled pick-up. The blue recycle bags and a Resident User's Guide are issued at the time of assignment of the quarters, and additional bags can be obtained at no cost at the self help store. Please do not use the blue recycle bags for everyday trash or non-recycled items. Information on the recycling procedures are in the Resident User's Guide and in the Housing Handbook, page 48.
- Controlled Burning Near Housing Areas The Fort Riley Fire Department will be performing controlled burns throughout the Installation to minimize risks associated with prairie fires.
 - These controlled burns eliminate the heavy accumulation of dried undergrowth that supports wildfires and encourages growth of new surface vegetation. The burns also have the added advantage of minimizing insect and rodent habitat reducing their impact on the housing areas.
 - All controlled burns are carefully planned and coordinated with the Directorate of Environment and Safety, Public Works, the Fire Department, Range Control and the Provost Marshal Office to ensure each activity is prepared to assist in controlling the fire and are ready to respond to any related inquiries or requests for assistance. This year, Kansas has had one of the driest winters on record, and Fort Riley has had over 30 brush fires as a result of this abnormally dry weather. Controlled burning will reduce the potential for an uncontrolled wildfire in the cantonment and housing areas.
 - o Smoke from the fires may be a problem for adults and children with asthma or other respiratory aliments. Residents can minimize or prevent problems by closing all windows and doors allowing the heating/cooling system to filter the interior air. The controlled burn will occur during school hours, as it minimizes the number of children who are outside. The Fire Department will coordinate the controlled burn plan with all of the Post's schools, so they can assist in keeping children away from the fire. The Fire Department and the Conservation Division will also place firefighters in areas between the Training Area and Ellis Heights to prevent the fire from entering the housing areas or schools.
 - We will post signs on roads to warn all drivers before they enter an area that may be impacted by smoke so that they can take appropriate precautions, such as slowing down and turning on their lights.

Smoke Detectors in Quarters

- Smoke detectors can save lives. Residents are responsible for ensuring they are in good working order.
- Never remove the backup batteries from the detectors to use for other purposes.

- Never remove the detectors from the ceilings.
- Replace the batteries when the detectors start beeping. That is the warning sound for expired batteries. Replacement can be done by occupants or as a service order.

Barbecue Grills

- Must be kept several feet from the House, when in use, because of the intense heat they generate.
- Fire Regulations prohibit the use of barbeque grills on enclosed porches and balconies.
- o Parents must watch children while Barbequing, to prevent serious injury.
- Damages caused by grills will be charged to occupants.

Basic Allowance for Housing (BAH)

- BAH is stopped upon assignment to Government Quarters
- Approval must be given for a military member or dependent of a military sponsor to reside with another military family in quarters. It is considered joint occupancy and both military sponsors involved will forfeit BAH.
- BAH resumes when quarters are terminated.

Playgrounds

- o Residents are required to watch over their children while they play.
- Service orders should be called in to 785-784-2599 when equipment needs repair.
- Residents should keep areas clean and in good condition.
- Sponsors will be held accountable for dependents caught defacing equipment.
- Toys should not be left at the playground.
- Mowing of playground areas will begin soon.

Self-Help Store Hours beginning 1 April

Tuesday/Wednesday/Friday
 Thursday
 Saturday/Sunday
 10:00am-5:00pm
 12:00-7:00pm
 7:00am-6:00pm

MondayClosed

Monday – 24 May (Spring Cleanup) 9:00am-5:00pm

Housing Resident Policy Handbook

 Residents are required to read and abide by all policies. Copies are available at the Self-Help Store, Bldg. 289 Cameron Ave.

Directorate of Environment and Safety (DES)

 "Exciting news for recycling at Fort Riley - the Recycle Center now accepts green and brown glass beverage containers, and magazines and catalogues. Residents are reminded to place all recyclables, except yard waste and cardboard, in the blue recycle bags for curbside pickup during regular refuse collection days. Place yard waste (grass clippings and leaves) in paper or plastic bags - bags should weigh no more than 40 pounds and should be easy to handle. Please **Do Not** use blue bags for yard waste or everyday trash.

Military units are reminded that recycling through the Troop Incentive Program is a great opportunity to win money for unit fund (MWR) accounts. Recycle collection receptacles are available to military units upon request."

G3/DPTM

- 21 April CAC
- 28 April Post Retirement Ceremony

29 April Law Day Golf Tournament
1 May Post Wide Yard Sale
1 May Inbound Major Orientation
6 May Tornado Response Exercise

7 May
 12 May
 Military Pre-Retirement Orientation
 Cavalry March Arrival Ceremony

13 May Assistant Division Commander(s) Retirement Ceremony

14 May Garrison Golf Tournament17 May Scholarship Ceremony

19 May
 20 May
 Asian/Pacific Islander Heritage Observation
 Commanding General's Blue Chip Social

• 24-27 May Spring Clean-Up

29 May Start of National Guard Annual Training at For Riley

Veterinary Services

American Red Cross

- American Red Cross is taking applications for the summer Red Cross Youth Program.
 We have scheduled our orientation for June 7th from 9:00am-3:00pm. We ask that all
 youth, who are interested in the program, be pre-registered by the 1st of June 2004. You
 will need to come to the ARC office in Bldg. 7264 Normandy Drive to pick up your
 application and information letter. A TB tine test is required. For further information call
 785-239-1887.
- The next Red Cross Blood Mobile is tent scheduled for May 18-19th @ King Field House with 937th Engineer Group as the sponsor.

Boy Scouts

Girl Scouts

<u>Armed Services YMCA (ASYMCA):</u>

- Upcoming Events:
 - o Registration for our Summer Day Camp started April 19th. Spots are still available.
 - Registration Fee is \$10 per child
 - \circ There will be both a 21/2 –3 year old and a 4-5 year old class.
 - Classes will be held 2 weeks in June and 2 weeks in July.
 - Call the ASYMCA for more information.
- Creative Memories Scrapbooking every third Friday of the month
 - Put your children on our Friday Night Out childcare program from 5:30-10:00pm and come to our Creative Memories Scrap booking session. Scrap booking will be held in the back room. Call for reservations a week in advance.
 - For \$5.00 you can scrapbook using all the tools and accessories of Creative Memories Consultant Lisa Hunter. Dinner will also be included.
- Mom's Morning Out
 - Tuesday Mornings 8:30am-12:00pm
 - o \$6 per child
 - o \$6.75 per child under 2.
- Mid Week Break

- Wednesdays 10:30am-3:00pm
- You must provide a sack lunch and a snack for your children.
- o \$7.00 1st child
- o \$7.75 for children under 2
- o \$6.25 per additional child
- o \$6.50 per additional child under 2

Parent's Day Out

- o Fridays 11:00am-2:00pm
- o You must provide a sack lunch for your children.
- o \$5.50 1st child.
- o \$6.25 for children under 2
- o \$3.75 per additional child
- o \$4.50 per additional child under 2.

Friday Night Out

- o 5:30-10:00pm
- o 5:30-6:30pm Dinner Hour
- o \$6.00 1st Child
- \$6.75 for children under 2
- \$4.25 additional child
- \$4.50 per additional child under 2
- o Additional \$1 charge for dinner hour. You must provide dinner for your children.
- Reservations are required for all childcare programs.
- The ASYMCA also offers Aerobics Classes five times per week. Childcare is available
 for all classes at \$1.00 per child. No Reservations Needed! (We must have up to date
 shot records on all children).
 - \$2.00 per class for walk-ins or you may purchase a Punch Card for savings.
 - Classes are:
 - o Monday/Wednesday/Friday 9:00-10:00am
 - Tuesday/Thursday 6:00-7:00pm
 - o 45 minutes of Step Aerobics/15 minutes of toning.
 - Fridays Body Toning or Circuits.
- The ASYMCA is available for your FRG Meetings. Call to schedule.
- For more information call 785-238-2972 or stop by the ASYMCA at 111 East 16th Street, Junction City.

Thrift Shop

- Hours of Operation: Bldg. 267, Stuart Avenue (next to the stables)
 - 9:30am-2:30pm Tuesday & Wednesday.
 - 9:30am-6:00pm Extended hours on Thursday
 - Saturday. April 7 and May 15 10:00am-1:00pm
- Wanted: Bookkeeper Applications available at the Shop. QuickBook knowledge is helpful.
- <u>Unsold Treasures</u> -The Thrift Shop will accept any unsold treasures from the Post wide Garage Sale, May 1st. Please place any items in donation bins behind the Shop.

Historical and Archaeological Society of Fort Riley (HASFR)

 Custer House Side B is again open for rentals for farewells, welcomes and receptions through Apple Day. Cost is \$20 plus \$50 refundable deposit. POC for rentals is Karen Higdon, 785-784-4044.

- Copies of Main Post Quarters pictures and list of occupants suitable for framing can be obtained for \$10 by calling 785-784-4922.
- HASFR will be hosting its first ever Mayfest Membership Drive and Benefit on Saturday, 1 May, from 10:00am-1:00pm in front of the Cavalry Museum. KJCK radio will be doing a live remote from the site to help promote The Cavalry Museum, The Shoppe and the Historical Society. HASFR will be selling a hot dog lunch for \$3, as well as conducting some giveaways, so come on out to see us and become a HASFR member as you shop at the Yard Sales on Saturday!
- The Historical Society is proud to announce that all of its 2004-2005 Board positions have been filled. All HASFR members are invited to join us for our final Board meeting for 2003-2004 as we welcome the incoming Board with a luncheon on Wednesday, 12 May, 12:00pm at Quarters 1.
- Apple Day is fast approaching, so please support HASFR's upcoming Apple Pie Making Marathon at the end of September. You don't need any pie making experience or have to be a HASFR member to participate. It's a great venue to hold your FRG or coffee group meeting, and you'll be volunteering for a great cause as well. More details to follow......

Enlisted Spouses Club (ESC)

- The Enlisted Spouses Club (ESC) is open to all Enlisted spouses: active duty, retirees or
 widowed service members. ESC builds support among spouses while assisting the Ft
 Riley and surrounding community through the sponsorship of community and welfare
 activities. In addition, we will be doing many fun events among the membership.
 For more information you can use the ESC e-mail trileyesc@yahoo.com
- Our meetings are held on the last Wednesday of the month at Armed Services YMCA located at 111 E. 16th St. in Junction City. On site childcare is provided at membership meetings for a donation. To make childcare reservations please call 785-494-2094 or 785-784-3191.
- April 28th General Membership Meeting will be a potluck recipe exchange and white elephant Bingo at the ASYMCA at 6:30pm. Bring your favorite dish and several copies of the recipe to share and an item to be used as a prize for Bingo. Please RSVP childcare for this meeting to 785-784-3191 or 785-784-8306 no later then Monday, April 26th.
- April 29th from 9:30am-2:30pm. Protocol and Etiquette Refresher Course. This event is open to everyone and childcare slots will be available. Come learn about receiving lines, dress codes and other basic protocol and etiquette information. For more information or for childcare information please call 785-784-3191.
- "My Belongs to a Soldier" Polo shirts are now available in Navy Blue and white through the Enlisted Spouses Club. Costs for Polo shirts are \$25 for sizes medium Xlarge and \$30 for XXlarge and XXXlarge. Look for our booth at the Arts and Crafts fair or for more information or to place an order call 785-784-3191.

Combined Scholarship Committee

Officers' and Civilians' Spouses' Club (OCSC

The Shoppe

 The Shoppe is pleased to announce that we're open in our new location at the US Cavalry Museum, Bldg. 205. Come by and see the exciting changes and several new

- lines that are available...Polish Pottery anyone? The new Shoppe phone number is 239-2743. The Shoppe's current hours of operation are Tuesday through Friday from 10:00am until 2:00pm and Saturdays from 11:00am until 3:00pm.
- Volunteer opportunities are always available at The Shoppe. We need your support now more than ever before, as The Shoppe would like to expand our hours to fit the museum hours of operation. Limited childcare reimbursement is available. Call 785-784-4440 or 785-784-4468 to sign up.

Commissary

- Farmer's Market Plant Sales April 30-May 1, 2004 4" & 6" Annuals- Assorted Varieties 6" Hibiscus 5" Hydrangea 5" Terra Planters, Roses, Bougainvillea, Gerbera Daisy 16" Combo Planter similar to the 14"Combo Planter from 2003, but in an upgraded container. 12" Blooming Hanging Baskets12" Geraniums. Stay tuned for more details as they become available.
- May Case Lot Sale Our next case lot sale will be held May 15th (Saturday) and 16^{the} (Sunday). We are going to try something new this time.
- Customer Instructions for May Case Lot Sale
 - o Pick up order sheet at the commissary starting the 22nd of April. Fill it out and go to the commissary office, a copy will be made so we can pull your order and set aside.
 - Return May 13 14, pick up any coupons needed and pay for your merchandise.
 - Keep your receipt, as this will be the only way to prove you paid for your merchandise.
 - On the days of the sale which are May 15- 16 drive to the rear of the commissary, there you will see employees there to assist in picking up your order. Bring your receipt, they will load your vehicle based on what you have paid for.
 - o If for any reason the merchandise does not arrive due to a distributor problem, you will receive a refund at this time. We will do whatever it takes to completely fill your order. Your order will be filled as they were received, ensure you place time and date on your order sheet. If you have paid for merchandise that is sold out before your order is filled, a refund will be given. We may need to reorder quantities that sell out early. The earlier you return your order sheet the better it will be to ensure we have the product on hand. It is always difficult to guess what will or will not sell. We will do our best to ensure all receive what they what.
 - If you decide after turning in your order sheet that you want to add or delete an item please call the week of May 10 – 14 to make any final changes. (239-6621)
 - All items on the case lot will be on display in the front of the commissary
 May 10 16 so you know exactly what you are getting.
 - o If you have any questions please call commissary management at 239-2921
 - Self-Checkouts Arrive In Selected Commissaries Self-checkouts arrived last
 month at the Langley Air Force Base, Va., commissary, and are now at the Fort Sam
 Houston, Texas, and McClellan, Calif., commissaries. Self-checkouts are for
 customers with a few items who scan and bag their own groceries. An attendant
 monitors the lanes, checks shoppers' ID cards and provides assistance when needed.
 Method of payment credit, debit or cash is nearly the same as regular checkout

- lanes. Self-checkouts also have the capability to scan coupons although the attendant has to check expiration dates. For more information on self-checkouts, click this link: http://www.commissaries.com/documents/news/news_2004/deca14-04.pdf
- Commissary Awareness Month Coming in May May is Commissary Awareness
 Month. The highlight of the month for many customers will be the expansion of the
 DeCA worldwide case lot sale to May. Shoppers should check
 http://www.commissaries.com to find out the dates and times of their favorite
 commissary's case lot sale.
- Commissaries Sell Groceries At Cost Commercial stores are profit-motivated. They can offer popular items at below cost to get customers in their store and make it up on other items that are priced much higher. There's nothing wrong with that and it has a name: loss leader. That's how commercial businesses work. Commissaries are a benefit, not a business. Commissaries sell at cost, and cannot lower the prices on some items and raise prices on others to create loss leaders.
- Scholarship Program Hits New High The Scholarships for Military Children program hit another high in 2004 as over 7,000 outstanding students applied for the \$1,500 college scholarships in February. Scholarship Managers, a professional scholarship firm, is selecting and notifying recipients. The winners will be announced at the end of April and names posted on the official program Web site at http://www.militaryscholar.org on or about the first of May.
- Four Steps to Food Safety How you handle, cook and store your food can make the difference between getting sick or staying healthy. Because it takes thorough cooking to kill harmful bacteria, you are taking chances when you eat undercooked meat, poultry, fish and eggs. Keeping food safe is a four-step process. Clean, separate, cook, and chill. Wash your hands before handling food. Clean cutting boards and utensils before moving on to another food. Cook all meat and poultry to recommended temperatures, and never eat hamburger that is pink in the center. Chill or freeze leftovers within two hours or sooner.
- Strawberry Fields Forever While it's true that you can find fresh strawberries most of the year and use frozen ones when you can't, this is the season for the popular red fruit. Fresh ripe strawberries are arriving daily at your commissary. They are not only delicious, but they are also good for you. Strawberries are naturally high in fiber, vitamin C, foliates, potassium and antioxidants.

Army and Air Force Exchange Services

The next Community Action Council will be held at 9:30am Wednesday, May 19, 2004 SOLDIER and FAMILY SUPPORT CENTER BLDG. 7264, Custer Hill "America's Warfighting Center"

Announcements for the next "Riley Bugle Call" are due by noon, 12 May, 2004 to Community Life Coordinator, Building 7264, 239-9435. Email to site2665@riley.army.mil

The CAC is shown four times daily on Channel 2, for four days following the CAC. The times are 8:30a.m. 12:30p.m. and 10:30p.m.

SCHEDULE FOR 2004

19	May	9:30a.m.
IJ	IVICI	J.JUA.III.

16 June 7:00p.m.

21 July 9:30a.m.

18 August 9:30a.m.

15 September 7:00p.m.